

Eligibility

- A carer who is working full-time or part-time or studying to return to work; or is a volunteer.
- The care recipient is an elderly person (or 50+ years if diagnosed with dementia).
- The care recipient is frail.
- The care recipient has dementia and/or behaviours of concern.
- Guests are to be ambulant and have control of their walking frames.
- Must live in the southern metropolitan region.

Cost

A daily attendance fee is applicable and includes all meals and activities. Please contact the Program Coordinator for the current daily fee.

Referrals

Guest referrals can come from many sources including self, doctor, family and friends and will be followed up with a home visit by the Program Coordinator.

For all referrals to Avebury House, call our centralised access and information line:

T: 1300 650 615

You will need to provide personal details (e.g. name, address, date of birth, language spoken) when making a referral.

Funding

Funding for this service is provided by the Australian Government through the National Respite for Carers Program (NRCP) and client fees.

About Villa Maria

Villa Maria is a values-based organisation providing quality services and life enhancing opportunities for older people and people with a disability.

From humble beginnings as the Catholic Braille Writers Association in 1907, Villa Maria has grown to become one of Victoria's largest providers of disability, education and senior services, with more than 60 programs supporting 5,000 people across the state.

Further information

To find out how Avebury House can assist you, simply call:

T: 1300 650 615

or contact the Program Coordinator on:

T: 9769 9248

Avebury House

89 – 93 Avebury Drive

Berwick Victoria 3806

T: (03) 9769 9248

F: (03) 9796 2164

E: aveburyhouse@villamaria.com.au

VILLA MARIA

www.villamaria.com.au

Avebury House



A day respite service for
working carers

VILLA MARIA

About the program

VILLA MARIA



Avebury House is a day respite service offering a variety of recreational programs and support services to meet the individual needs of working carers living or caring for someone who is frail aged or has dementia in Melbourne's southern metropolitan region.

Avebury House provides a safe, homelike environment and friendly and qualified staff. It offers guests social interaction, community access, rehabilitation, activities and nutritional meals, as well as a support network for carers.

Our aim

- To provide inspiring activities which encourage our guests to get involved and participate in past/present interests and hobbies.
- To encourage and promote fun, laughter and a general sense of happiness and wellbeing for our guests.
- To respect the rights, privacy, dignity and confidentiality of our guests and their carers.

Programming

Avebury House recreation programs are 'person centred' and always based on consultation and input from guests. Planned day respite activities include:

- Socialisation and discussion groups
- Gentle exercise
- Art and craft
- Indoor/outdoor games
- Mental stimulation
- Entertainment
- Theme days
- Out and about
- Spiritual Awareness/chapel
- Cultural days
- Music therapy/sing-a-longs
- Cooking/gardening
- Movie afternoons and happy hours

Hours of operation

Monday to Friday: 7:00am to 7:00pm
Saturday: 9:00am to 5:00pm

Meals

A light breakfast, cooked lunch, morning and afternoon tea, as well as a light evening meal can be provided. Special dietary requirements are catered for on request.