

Meals

A light lunch is provided along with morning tea. Special dietary requirements are catered for on request.

Carers support group

The Wantirna Carers Support Group is facilitated by the Program Coordinator. Carers are encouraged to attend this supportive group which meets monthly.

The aim of the group is to empower carers and help provide a supportive network. On occasion, there are special guest speakers to provide information about an identified issue or concern. Please contact the Program Coordinator for details.

Funding

Opened in 1988 by Villa Maria, the White Road Activity and Respite Centre service is funded by the Home and Community Care (HACC) program and through guest fees. The HACC program is jointly funded by the Australian and Victorian Governments.

Donations are most welcome and assist us to purchase equipment for the program.

About Villa Maria

Villa Maria is a values-based organisation providing quality services and life enhancing opportunities for older people and people with a disability.

From humble beginnings as the Catholic Braille Writers Association in 1907, Villa Maria has grown to become one of Victoria's largest providers of disability, education and senior services, with more than 60 programs supporting 5,000 people across the state.

Further information

To find out how the White Road Activity and Respite Centre can support you, simply contact the Program Coordinator between 9.00am and 3.30pm weekdays on:

T: 9800 7210

White Road Activity and Respite Centre

13 White Road
Wantirna South Victoria 3152
T: 9800 7210
F: 9800 7211

VILLA MARIA

www.villamaria.com.au

White Road Activity and Respite Centre



Enjoying activities together

VILLA MARIA

White Road Activity and Respite Centre

VILLA MARIA



About the program

White Road Activity and Respite Centre caters for the social and recreational needs of people in the community who have special needs.

This community house is in a pleasant garden setting and has been adapted to meet the special needs of our guests. It is wheelchair accessible.

Villa Maria aims to maintain and enhance the independence and quality of life of people who attend the program, as well as providing respite and support to carers.

What we offer

White Road offers a quality program of activities, both active and passive, to meet the identified needs of guests and to encourage and maximise their participation.

Activities at White Road are 'person centered' and always based on consultation and input from guests.

Some examples of activities include gentle exercise, art and craft, woodwork, painting and entertainment. All activities are conducted by qualified staff and volunteers.

Eligibility

Our programs are designed to meet the needs of:

- adults under 65 years with an acquired physical disability
- adults over 65 years with a visual or physical impairment
- adults who are frail/aged

Referrals

Anyone can be referred to White Road. Access to services is subject to an assessment which will indicate a person's eligibility to attend programs. Placement in a group is subject to a vacancy. If there is no immediate vacancy, you will be placed on a waiting list.

Costs

A daily attendance fee is applicable which includes all meals and activities. Please contact the Program Coordinator for the current daily fee.

Transport

Upon assessment by the Program Coordinator, a bus with a hoist may be available to those guests residing within the City of Knox. Places are very limited so guests are encouraged to make their own transport arrangements.