

Activity Assistant & Social Visitor

PRAHRAN

- Enrich the life of an older person
- Enjoy sharing another person's life experiences & your interests.
- Have fun and receive enormous job satisfaction

Villa Maria's Aged Care Residence at **Prahran** seeks volunteers who are able to visit regularly and develop relationships with the residents in the following ways:

Help with group activities:

- Gardening
- Newspaper discussions
- Working on art/craft projects
- Assisting at meal times
- Happy hour
- Outings
- Coffee shop
- Baking/ cooking

One-to-one visits:

- Having a chat
- Walks
- Massage/manicure
- Reading

Or bring in your own ideas!

We especially need support for residents who are finding the transition to care challenging, and who could benefit from extra friendship and support.

We would ideally welcome anyone with 1-2 hours to share each week. This could be an ideal volunteer position for someone wanting to gain valuable work experience in age care.

For more information please call Bron Summers T: 03 9855 7755
or E: volunteers@villamaria.com.au